Mealtimes Observational Audit

Environment;

Things to consider;

* Space between furniture
* Can residents seat comfortably at the table.
* Are the areas free from clutter?
* What is noise level/ TV/music/visitors present
* Are staff prepared
* Are residents prepared at the most appropriate time?

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Individuals:

Things to consider:

* Was the menu displayed
* Was a choice available
* Were food preferences known and followed
* If assistance needed did staff know and where was the information
* Were appropriate cutlery, condiments, clothes protectors available
* Could residents wash their hands before the meal
* Were drinks available
* Was assistance available, how was this given

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Monitoring

Things to consider:

* Who was monitoring how much residents ate/drank
* What documentation was made and by whom
* Was an alternative given and recorded
* Was the meal presented appropriately to the resident
* Was encouragement given if needed and how was this given
* Was the meal enjoyed in a sociable way and atmosphere conducive to eating

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Overall opinion/ recommendations

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Date of observation:

Observer: