**Hand Hygiene Competency Validation**

Soap & Water

Alcohol Based Hand Rub (ABHR) (60% - 95% alcohol content)

|  |  |
| --- | --- |
| Type of Competency: | * Induction * Annual * Other – Spot check |

Employee Name: Job Role: \_

|  |  |  |
| --- | --- | --- |
| **Hand Hygiene with Soap & Water** | **Competent** | |
| **YES** | **NO** |
| 1. Checks that sink areas are supplied with soap and paper towels |  |  |
| 2. Turns on taps and regulates water temperature |  |  |
| 3. Wets hands and applies enough soap to cover all surfaces of hands |  |  |
| 4. Vigorously rubs hands for at least ***15 seconds*** including palms, back of  hands, between fingers, and wrists |  |  |
| 5. Rinses thoroughly keeping fingertips pointed down |  |  |
| 6. Dries hands and wrists thoroughly with paper towels |  |  |
| 7. Discards paper towel appropriately |  |  |
| 8. Uses paper towel to turn off tap to prevent contamination to clean hands |  |  |
| **Hand Hygiene with Alcohol Based Hand Rub** | | |
| 9. Applies enough product to adequately cover all surfaces of hands |  |  |
| 10. Rubs hands including palms, back of hands, between fingers until all  surfaces dry |  |  |
| **General Observations** | | |
| 11. No artificial nails or enhancements |  |  |
| 12. Natural nails are clean, well groomed, and tips less than ¼ inch long |  |  |
| 13. Skin is intact without open wounds or rashes |  |  |

**Comments or follow up actions:**

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Employee Signature Assessor Signature Date