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| PRN (when required) Medication Protocol |

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| NAME OF person | **DATE OF BIRTH** |
| **Medication**  **Senna 7.5mg** | **Dose**  one at night |
| **reason for medication and expected outcome**  Senna is a natural laxative made from the leaves and fruit of the Senna plant. It is used to treat [constipation](https://beta.nhs.uk/conditions/constipation). Senna takes about 8 hours to work. It's best to take Senna at bedtime so it works overnight. | |
| **How the decision is reached about how and when to give** <Name> should be offered the medication each day. S/he is able to decide if s/he requires it or not. OR  If <Name> has not had a bowel motion for <number> days commence medication until bowels are opened. | |
| **How often dose can be repeated** | **Max in 24hours** |
| **Further info. e.g. after food**   * Do not take Senna for more than a week. Long term use of Senna can stop your bowel working properly on its own. * Urine may turn a red-brown colour while you take Senna. This is harmless and returns to normal after treatment has finished. * Drink plenty of fluids (6 to 8 glasses a day) while you are taking Senna or the constipation may get worse. | |
| **Circumstances for reporting to GP - Tick as appropriate**  Persistent need for upper level of dosage Never requesting dosage  Requesting too often Side effects experienced  Other (please state) | |
| **Signature** | **Date** |
| **Review Date…**  NB: Please note the review date in the manager’s diary | |