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| PRN (when required) Medication Protocol |

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| NAME OF person | **DATE OF BIRTH** |
| **Medication****Senna 7.5mg** | **Dose**one at night  |
| **reason for medication and expected outcome** Senna is a natural laxative made from the leaves and fruit of the Senna plant. It is used to treat [constipation](https://beta.nhs.uk/conditions/constipation). Senna takes about 8 hours to work. It's best to take Senna at bedtime so it works overnight. |
| **How the decision is reached about how and when to give**<Name> should be offered the medication each day. S/he is able to decide if s/he requires it or not. ORIf <Name> has not had a bowel motion for <number> days commence medication until bowels are opened. |
| **How often dose can be repeated** | **Max in 24hours** |
| **Further info. e.g. after food*** Do not take Senna for more than a week. Long term use of Senna can stop your bowel working properly on its own.
* Urine may turn a red-brown colour while you take Senna. This is harmless and returns to normal after treatment has finished.
* Drink plenty of fluids (6 to 8 glasses a day) while you are taking Senna or the constipation may get worse.
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| **Circumstances for reporting to GP - Tick as appropriate** Persistent need for upper level of dosage Never requesting dosage Requesting too often Side effects experienced Other (please state) |
| **Signature** | **Date** |
| **Review Date…**NB: Please note the review date in the manager’s diary |