|  |
| --- |
| PRN (when required) Medication Protocol |

|  |  |
| --- | --- |
| NAME OF person | **DATE OF BIRTH** |
| **Medication**  **Salbutamol Inhaler** | **Dose**  One or two puffs |
| **reason for medication**  Salbutamol is used to relieve symptoms of asthma and COPD such as coughing, wheezing and feeling breathless. It works by relaxing the muscles of the airways into the lungs which makes it easier to breathe. | |
| **How the decision is reached about how and when to give**  Give when symptoms are seen, such as coughing, wheezing, shortness of breath and tightness in the chest or the service user is going to do an activity that can make them breathless, for example climbing stairs or exercise.  In a sudden asthma attack they can take more salbutamol, up to 10 puffs, but you should wait 30 seconds between puffs and always shake the inhaler between doses. You can repeat this dose 10 minutes later. | |
| **How often dose can be repeated**  As required | **Max in 24hours**  4 Doses normally (but see above). |
| **Further info. e.g. after food** | |
| **Circumstances for reporting to GP - Tick as appropriate** Make an appointment to see the doctor, pharmacist if you need to use your inhaler:more than 4 times in 24 hoursmore than 2 days of each weekin the middle of the night at least once a week | |
| **Signature** | **Date** |
| **Review Date…**  NB: Please note the review date in the manager’s diary | |