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| PRN (when required) Medication Protocol |

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| NAME OF person | **DATE OF BIRTH** |
| **Medication**  **lactulose** | **Dose** |
| **reason for medication**   Lactulose is a laxative taken to treat constipation. | |
| **How the decision is reached about how and when to give** <Name> should be offered the medication each day. S/he is able to decide if s/he requires it or not. OR  If <Name> has not had a bowel motion for <number> days commence medication until bowels are opened. | |
| **How often dose can be repeated**  Every 12 hours | **Max in 24hours**  2 Doses |
| **Further info. e.g. after food**  Lactulose takes at least 48 hours to work. Some people don't like the sweet taste, you can mix the dose with half a glass or water or fruit juice.  Aim to drink 6 to 8 glasses of fluid during the day while you are taking lactulose or your constipation may get worse. | |
| **Circumstances for reporting to GP - Tick as appropriate**  Persistent need for upper level of dosage Never requesting dosage  Requesting too often Side effects experienced  Other (please state) | |
| **Signature** | **Date** |
| **Review Date…**  NB: Please note the review date in the managers diary | |