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| PRN (when required) Medication Protocol |

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| NAME OF person | **DATE OF BIRTH** |
| **Medication**  **CosmoCol (Lemon and Lime)** | **Dose**  one sachet a day |
| **reason for medication and expected outcome**  Cosmocol is a laxative used for the treatment of long term (chronic) constipation and faecal impaction (persistent constipation, where a large volume of stools cause a blockage of the rectum and / or colon). It makes faeces softer and easier to pass, giving relief from constipation. The electrolytes (salts) help to maintain the body’s normal levels of sodium, potassium and water while being treated for constipation. | |
| **How the decision is reached about how and when to give** <Name> should be offered the medication each day. S/he is able to decide if s/he requires it or not. OR  If <Name> has not had a bowel motion for <number> days commence medication until bowels are opened. | |
| **How often dose can be repeated**  Once in 24 hours | **Max in 24hours**  One sachet |
| **Further info. e.g. after food**  Cosmocol can be taken at any time with or without food or drink | |
| **Circumstances for reporting to GP - Tick as appropriate**  Persistent need for upper level of dosage Never requesting dosage  Requesting too often Side effects experienced  Other (please state) | |
| **Signature** | **Date** |
| **Review Date…**  NB: Please note the review date in the manager’s diary | |